

Bowl Food

Meat

Short rib, crushed potatoes, broad beans

Pulled beef, Thai basil salad, sriracha, tapioca crisp

Smashburger, cheese, house sauce, fries

Lamb mansaf, bulgur, almonds, cranberries, flat bread

Gochujang Korean fried chicken, sticky rice, avocado, sriracha mayo

Piri piri chicken, patatas bravas, chilli lime mayonnaise

Chipotle chicken, coriander rice, black beans, burnt corn, guac & sour cream

Chicken shawarma, Israeli salad, pitta, fresh fig

Hoisin duck donburi, shredded carrot, shitake mushroom

Fish

Zaatar cod, harissa aubergine, herby Israeli cous cous

Szechuan cod, warm aubergine & tenderstem broccoli salad

Tandoori salmon, vegetable biryani, caramelised onion, raita

Blackened Salmon, sticky sushi rice, teriyaki pak choi, sake glaze

Harissa roasted salmon, Lebanese batata hara

Ahi tuna poke, avocado, edamame, sesame, yuzu dressing

Sea bass, orange, shaved fennel, black olive, avocado salsa

Thai spiced sea bass, jasmine rice, bok choi, rice cracker, nori sprinkle

Vegetarian

Primavera orzotto, pesto, chargrilled asparagus, shaved parmesan

Butternut squash & black bean chilli, herb pancakes, guacamole & lime salsa

'Caponata di Melanzane' (aubergine, capers, olives), buffalo mozzarella, basil drizzle

Beetroot houmous nourish bowl, broccoli, kale, quinoa, toasted pumpkin seeds (vegan)

Veggie poke, burnt corn, avocado, beansprouts, lemon miso mayo (v)

Coconut & coriander dhal, onion bhaji, fresh mango chutney (v)

Thai red vegetable curry, coconut rice, lime (v)

Falafel mezze, houmous, pitta, pickled vegetables (v)